Dear Friends of the Foundation,

2016 has been a busy and productive year for the Foundation. We are delighted to announce that we have changed our name – The Pregnancy Foundation has become the Foundation for SMFM! This change reflects the recommendations of our Alignment Task Force and our enhanced collaboration and communication with the Society for Maternal-Fetal Medicine and its membership. We are so very grateful for our enhanced partnership with SMFM, and I am personally grateful to Dr. Laura Riley and Dr. Mary Norton for their support in accomplishing this.

In this Annual Report, you will read about the recipients of our awards and how their research projects and activities have impacted their careers and will lead to improvements in the care of women with high-risk pregnancies in the United States and around the globe.

The Foundation’s mission is to advance care in pregnancy through research and education, and we rely on your contributions to sustain our programs. In 2016 we launched a highly successful “Honor Your Mentor” campaign, raising over $65,000 with contributions from 125 members of SMFM. A list of contributors and their mentors, along with some wonderful tributes, begins on page 13. In addition, total giving by members of the Society increased from 218 members in 2015 to 351 in 2016, representing an increase of 61%. Thank you to all SMFM members who made a donation in 2016!

We would also like to thank the American Board of Obstetrics and Gynecology (ABOG) Education Foundation for their ongoing support of the Bridge Award. We are grateful to the other institutions and organizations who made a donation to the Foundation in 2016 for the new Queenan Fellowships for Global Health Program. We are particularly grateful to our corporate sponsors and our Corporate Council members, and extend a special thank you to AMAG Pharmaceuticals and GE Healthcare for their substantial contributions to our programs this year.

In 2017, we will celebrate the 25th anniversary of our Scholars Program, established to further the career development and train the next generation of physician scientists in maternal-fetal medicine. The Foundation was originally envisioned by Dr. Steven Gabbe over twenty years ago and created as a separate non-profit by the Society to support research in our field. We are extremely proud of the accomplishments of past and current recipients of the Scholars Program, and look forward to sharing more about this program with you in 2017. Additional information and current applications for all our programs are available at FoundationForSMFM.org.

On behalf of all of the members of the Foundation for SMFM Board of Directors, thank you again for your contributions to the future of our profession. We could not support the Scholars and create opportunities and programs for practicing MFM, fellows, and residents without your generous donations. We hope we can also count on your support in 2017!

With gratitude and respect,

Mary E. D’Alton, MD
Chair, Board of Directors
History of the Foundation

Late 1980s – Dr. Steven Gabbe proposes to establish a Society for Perinatal Obstetricians (SPO) Foundation to award research scholarships for MFM fellows “designed to increase the highest quality research efforts by those entering maternal-fetal medicine, facilitate the retention of those fellows who have elected to pursue a career in academic medicine by providing salary support for them, and improve the health care of women and their infants through these research programs.”

1990 – SPO Foundation Committee is created to promote research and the advancement of perinatal care.

1992 – First research scholarship is awarded by SPO Foundation Committee.

2002 – Society for Maternal-Fetal Medicine (SMFM) joins with American Association of Obstetricians and Gynecologists Foundation (AAOGF) to offer a 3-year research scholarship annually to an obstetrician gynecologist who has training and a commitment to performing research in maternal-fetal medicine.

2003 – SMFM Foundation is formed as a separate 501(c)(3) non-profit for the charitable and educational purposes of promoting excellence in research, including clinical research, education and care in the field of maternal-fetal medicine.

2004 – Dr. Robert Sokol named first Chair of Foundation Board of Directors.

2005 – Foundation corpus is $2,000,000.

2007 – Dr. Thomas Garite becomes Chair of Foundation Board of Directors.

2008 – First Mini-Sabbatical grants offered to practicing MFM for a mentored clinical or research experience, and later expanded to include MFM fellows and named in honor of Dr. Garite.

2008 – Corporate Council membership program formed to create a relationship between the Foundation and related industry partners for mutual benefit.

2009 – Literature Alert Series launched as a monthly email highlighting recently published articles of interest to practicing MFM from obstetric and non-obstetric journals.

2010 – Foundation co-sponsors inaugural First-Year Fellows Retreat with SMFM.

2011 – SMFM Foundation changes its name to “The Pregnancy Foundation.”

2013 – Quilligan Scholars Program established in honor of Dr. Edward Quilligan to offer mentoring and educational experiences to residents who intend to pursue an MFM Fellowship.

2014 – Dr. Mary D’Alton named Chair of Foundation Board of Directors.

2014 – Queenian Fellowships for Global Health created in honor of Dr. John Queenian to provide opportunities for research and clinical work related to maternal and child health in developing nations.

2015 – First Bridge Funding Award offered by Foundation through grant from the American Board of Obstetrics and Gynecology (ABOG) Education Foundation to provide bridge support to a physician scientist who has not been successful in obtaining independent funding or who has a temporary lapse in funding.

2015 – Foundation corpus reaches $4,000,000.

2017 – Foundation becomes “Foundation for SMFM” and celebrates 25 years of training physician scientists in MFM.

Income by Source 2016

These data are based on preliminary financial records for the year ending December 31, 2016. In 2016, 351 SMFM members made a contribution to the Foundation, representing an increase of 60% over 2015. Thank you for your support of our programs.

<table>
<thead>
<tr>
<th>Source</th>
<th>Amount</th>
<th>Percentage</th>
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<tr>
<td>SMFM members</td>
<td>$212,515</td>
<td>23.3%</td>
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<tr>
<td>Other individuals</td>
<td>$18,750</td>
<td>2.1%</td>
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<tr>
<td>Literature Alert subscriptions</td>
<td>$4,550</td>
<td>0.5%</td>
</tr>
<tr>
<td>Corporate grants and donations</td>
<td>$173,000</td>
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<tr>
<td>Corporate Council membership</td>
<td>$97,000</td>
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Total Program-Related Expenses by Year

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<th>Expenses</th>
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<tbody>
<tr>
<td>2016</td>
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<tr>
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<td>2013</td>
<td>$200,000</td>
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<tr>
<td>2012</td>
<td>$250,000</td>
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Foundation Total Assets

<table>
<thead>
<tr>
<th>Year</th>
<th>Assets</th>
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<tbody>
<tr>
<td>2016</td>
<td>$4,000,000</td>
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<tr>
<td>2015</td>
<td>$3,000,000</td>
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<td>2014</td>
<td>$2,000,000</td>
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<tr>
<td>2013</td>
<td>$1,000,000</td>
</tr>
<tr>
<td>2012</td>
<td>$0</td>
</tr>
</tbody>
</table>
Our premier scholarship, funded jointly with the American Association of Obstetricians and Gynecologists Foundation (AAOGF), is designed for future academic physician leaders who seek additional research training in maternal-fetal medicine. Applicants for this highly selective three-year award must have recently completed MFM subspecialty training or be in the second or third year of an ABOG-approved MFM fellowship program. The total annual funding for each scholar is $120,000.

**PAST RECIPIENTS**

Joy Vink, MD  2012–2015*  
Jacob Larkin, MD  2010–2013*  
Mark Alanis, MD  2009–2012  
Antonette Dulay, MD  2009–2012*  
Emily Su, MD  2007–2010*  
Francine Einstein, MD  2006–2009*  
Janet Andrews, MD  2005–2008*  
Donna Neale, MD  2004–2007*  
Michael House, MD  2003–2006*  
Rachel Humphrey, MD  2002–2004  
Rodney Edwards, MD  2001–2003  
Michal Elovitz, MD  2000–2002  
M. Sean Esplin, MD  1999–2001  
Lynda Hudon, MD  1998–1999  
Kim Boggess, MD  1997–1998  
Samuel Pary, MD  1996–1997  
Stephen Hunter, MD  1995–1996  
Susan Seligman, MD  1994–1995  
Kee-Hak Lim, MD  1993–1994  
Tracey Cowles, MD  1992–1993  
*Funded jointly with AAOGF

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**2016–2019 Scholar**  
**Jennifer Bushman Gilner, MD, PhD**  
**Duke University**  
**The role of regulatory T cells in the maternal-fetal rejection phenotype of preterm birth**

Immune activity in pregnancy must be tightly regulated to allow infection control yet prevent rejection of the semi-allogeneic fetus. Immunologic dysregulation in the form of maternal anti-fetal rejection has been linked to obstetric pathology including preterm delivery (PTD). T regulatory cells (Tregs) play a key role in maintaining immune tolerance, however mechanisms linking dysfunction of immune tolerance with PTD are not completely understood. Given the biologic parallels between organ transplantation and pregnancy, Dr. Gilner hypothesizes that Tregs play a role in pregnancy to induce tolerance in the mother, and prevent immunologic rejection which could lead to preterm birth. Dr. Gilner focuses on the cohort of preterm births with a molecular phenotype of maternal anti-fetal rejection. Investigation of maternal Treg cell function (suppressive activity) in rejection-related PTD may provide a mechanistic link between dysfunction of immune tolerance and PTD.

The greatest benefit of the SMFM/AAOGF Scholar Award is that it is truly designed as a career development program, not simply an award to recognize well-formulated research ideas. The faculty committee is composed of successful, innovative clinician-scientists from across the nation, and all have made a genuine investment in the development of junior faculty. The faculty and fellow scholars alike have been so generous with their time and ideas, and I feel incredibly fortunate to be a part of this support network.

---

**2013–2016 Scholar**  
**Hilary Roeder, MD**  
**University of California San Diego**  
**Treating prediabetes in the first trimester: A Randomized Controlled Trial**

Dr. Roeder sought to determine if immediate treatment improved maternal and fetal outcomes in women with prediabetes (HbA1c ≥ 5.7% and/or fasting glucose ≥ 92 mg/dL) in early pregnancy. Women with prediabetes at ≤15+0 weeks gestation were randomized to first trimester or third trimester treatment of hyperglycemia. One hundred fifty-seven women were analyzed (82 with first trimester and 75 with third trimester treatment). There was no difference in the primary outcome (proportion of infants with neonatal umbilical cord C-peptide > 1.77 nmol (90th percentile (%)) between groups (1.5% vs. 6.7% in first and third trimester groups respectively, p=0.19). There was also no difference in secondary outcomes including fat mass (361±155g vs. 377±171g, p=0.91) and weight difference in first and third trimester groups respectively, p=0.19). There was also no difference in secondary outcomes including fat mass (361±155g vs. 377±171g, p=0.91) and weight difference in first and third trimester groups respectively, p=0.19).

The opportunity to be a Foundation scholar has been an experience that will help me throughout my career as a physician. It gave me the time and support to learn what tools are needed to execute a high-quality research study. This will help me both in future trials and also as I give back to the MFM community and guide others seeking to become clinical researchers.

---

**2015–2018 Scholar**  
**K. Joseph Hurt, MD, PhD**  
**University of Colorado, Denver**  
**Hydrogen sulfide regulation of myometrial contractility and parturition**

Dr. Hurt investigates the signals regulating parturition timing with the goal of developing new targets and therapies to prevent preterm birth and the consequences of prematurity. Specifically, his lab examines the role of the small molecule gaseous messenger, hydrogen sulfide (H2S), in maintaining uterine quiescence and promoting normal fetal development. Approaches for this work include a range of techniques from organ bath pharmacology and biochemical assays, to molecular biology and mouse genetic models. The team has identified novel calcium-independent mechanisms for H2S relaxation of uterine smooth muscle, and is working to define the regulation of H2S production using mouse models of parturition. His local mentors for the SMFM-AAOGF Scholarship include Thomas Janson, MD, PhD, Nanette Santoro, MD, and Henry Goian, MD.

The mentorship and oversight by the Committee has been tremendous. At our site visit, we devised several new ideas for consolidating my lab research effort. The SMFM/AAOGF Committee is very involved, and their insight and advice has been greatly appreciated. The summer retreat is a highlight of the year, with vigorous discussion among scholars and senior researchers. The Committee has encouraged me to pursue important and sometimes difficult experimental questions, in an effort to open new areas of science. The experience has been well managed and inspiring, and I deeply appreciate the Foundation’s continued support.

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Garite Mini-Sabbatical Grant

Dr. Thomas Garite was instrumental in the creation of the mini-sabbatical program during his tenure as Chair of the Board of Directors. Practicing MFM and MFM fellows receive funding for a research project or clinical experience with a mentor at another institution for up to eight weeks. The Foundation provides $10,000 in annual funding for up to two recipients through this grant.

2016: Lucie Moravia, DO
MFM Fellow at WellSpan York Hospital

Dr. Moravia will complete a rotation in obstetric simulation techniques with Dr. Shad Deering at the Uniformed Services University of the Health Sciences in Bethesda. She will focus on the development of routine and critical care obstetric simulation models and research projects to enhance the didactics of ob-gyn resident/provider education that will impact the care of women in the United States and Ghana.

The training gained from this experience will empower me to work with the existing basic science and translational research faculty at my institution to establish the animal model here. Demonstrated expertise with this model will strengthen my applications for intramural and extramural funding.

- Pranita Nirgudkar, MD

Dr. Nirgudkar and her mentor, Dr. Irina Burd at the Integrated Research Center for Fetal Medicine at Johns Hopkins University in Baltimore.

Past Recipients

2015
Niamh Condon, DO*

2014
M. Camille Hoffman, MD
Pranita Nirgudkar, MD*

2013
Meg Hill, MD*
Steve Rad, MD*

2012
Erica Berggren, MD*

2011
Maureen P. Malee, MD, PhD
Michelle Silasi, MD*
Lisa E. Moore, MD

2010
Mary Vadnais, MD*
Hai-Lang Duong, MD*
J Newton, MD, PhD*

2009
Erika Werner, MD*
Daniel Katz, MD*
Gretchen L. Koontz, MD
Caroline Stella, MD

2008
Camille Kanaan, MD
Lama Tolaymat, MD

*Maternal-Fetal Medicine Fellow

Dr. Condon and her mentor, Dr. Larry Platt at the Center for Fetal Medicine and Women’s Ultrasound in Los Angeles.

The Mini-Sabbatical provided me with extra training in performing fetal ultrasounds and diagnostic fetal echocardiographic examinations. I am forever changed as a physician, and I am truly blessed that the Foundation offered me this opportunity.

- Niamh Condon, DO
The Quilligan Scholars Program was established in 2013 in honor of Dr. Edward J. Quilligan, a leader and mentor in the field. The program provides mentoring and educational opportunities during the final two years of obstetrics and gynecology residency with the goal of recognizing and identifying future leaders in maternal-fetal medicine. Funded attendance at two SMFM Annual Meetings and a weekend biostatistics course are highlights of the program.

2017 Quilligan Scholars

Maria Andrikopoulou, MD, PhD
Winthrop University Hospital

Victoria Greenberg, MD
Christiana Care Health Services

Anne West Honart, MD
New York University

Michael Miller, MD
Naval Medical Center San Diego

Courtney Mitchell, MD
University of Alabama Birmingham

Emily Oliver, MBBS, MPH
The Ohio State University

Martha Tesfaiul, MD
University of California San Francisco

2016 Quilligan Scholars

Aleha Aziz, MD, MPH
Michelle Debbink, MD, PhD
Jessica Page, MD
Kartik Venkatesh, MD, PhD
Sarah Wernimont, MD, PhD

2015 Quilligan Scholars

Yalda Afshar, MD, PhD
Jacques Balayla, MDCM
Mark Clapp, MD, MPH
Ahizechukwu Eke, MD, MPH
Ibrahim Hammad, MD

2014 Quilligan Scholars

Sarah Rae Easter, MD
Mohak Mhatre, MD
Malavika Prabhu, MD
Emily Scibetta, MD
Amanda Yeaton-Massey, MD
Queenan Fellowships for Global Health

The Queenan Fellowships for Global Health were established in 2014 in honor of Dr. John T. Queenan. The program offers four opportunities for research and education in obstetrics within resource-limited settings. Regular and Associate members of SMFM are eligible to apply. The goal of these fellowships is to train future leaders in perinatal health to provide bold and sustained advancement in obstetric practice in underserved areas around the globe.

2016 Queenan Fellows

**Alisa Kachikis, MD**
MFM Fellow
University of Washington
International Agency Mentored Research Fellowship ($15,000)

**Stephanie Valderramos, MD, PhD**
Assistant Professor
University of California San Francisco
Investigator-Initiated Research Project Award ($15,000)

**Xiu Qui, MD**
Guangzhou Women and Children’s Medical Center
Guangzhou, China
Travel Fellowship (funded attendance at SMFM Annual Meeting)

2015 Queenan Fellows

Yusuf Ahmed, MD
University Teaching Hospital, Lusaka, Zambia

Lucie Moravia, DO
Wellspan Health-York Hospital

Ingrid Liff, MD
Mass General Hospital

Kelli Barbour, MD
University of Utah
The Foundation sponsors the annual First-Year Fellows Retreat with the Society for Maternal-Fetal Medicine. The Retreat provides new MFM fellows the opportunity to learn more about the Foundation and the Society, as well as meet and hear from experts in the subspecialty. Many life-lasting friendships and professional associations are formed during this weekend. The 2016 retreat was held at Eaglewood Resort in Itasca, Illinois.

The Foundation and SMFM would like to recognize the following organizations for their support of the Fellows Retreat in 2016:

- **$20,000**
  Ferring Pharmaceuticals

- **$5,000**
  AMAG Pharmaceuticals
  Colorado Fetal Care Center
  Obstetrix Medical Group, an affiliate of Mednax
  Thieme Medical Publishers/American Journal of Perinatology
Thank you for supporting our mission to advance care in pregnancy through research and education. This report recognizes donations made to all Foundation programs between January 1 and December 31, 2016. Great effort was made to include all contributors in this report and to ensure the accuracy of names and titles. If we have erred, please accept our apologies and let us know so we may make corrections.

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The Foundation launched an “Honor Your Mentor” campaign among SMFM members at the 36th Annual Meeting in Atlanta. The response was very positive, with 125 members making 165 tribute donations in 2016. Those who made tribute donations and their mentors are listed here. You can read all the tributes on our website—FoundationForSMFM.org.

C. David Adair, MD in honor of Frank Boehm, MD
Joseph Adashek, MD in honor of Manuel Porto, MD
Yalda Afshar, MD in honor of Christina Han, MD, Sarah Kilpatrick, MD, & Larry Platt, MD
Cheryl Albuquerque, MD in honor of Mike Foley, MD & Michael Ross, MD
Cecilia Avila, MD in memory of Peter Granum, MD
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Aaron Caughey, MD in memory of Julian T. Parer, MD
Ying Chan, MD in honor of Joseph Apuzzio, MD & Ron Wapner, MD
Nancy Chescheir, MD in memory of Robert Cefalo, MD

A quiet force, Dr. Michael Varner seeks no recognition or limelight. He is one of the hardest working people I know, and is always willing to put aside his own work on behalf of helping mentees. He is personally responsible for the successful careers of countless residents, faculty, and junior faculty. I am personally indebted to him for all he has done for my career, and am proud to call him a friend.

- Tracy Manuck

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Ying Chan, MD in honor of Joseph Apuzzio, MD & Ron Wapner, MD
Nancy Chescheir, MD in memory of Robert Cefalo, MD

Dr. Mike Socol has led by example, showing many of us how to be a caring, compassionate (and evidence-based) physician. He is renowned for his counseling sessions, and whenever I and members of my group are faced with a clinical conundrum, we typically resolve it by asking “What would Mike do?” I cannot thank him enough for the help he has given me throughout my career.

- Bill Grobman

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Angela Hawk, MD in honor of Frank Boehm, MD

Dr. Frigoletto inspired me to become an MFM. Each meeting started with “Hey, how are you?” A skillful physician and teacher, he always provided insight and advice to any difficult situation whether it be clinical or political. I always felt that he ‘had my back.’ I will miss him tremendously.

- Bryann Bromley

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What can I say about Manny Porto that hasn’t already been said? It has been 20 years since I finished my fellowship with Dr. Porto, and I still have him in my head to this day. He taught me how to be compulsive, compassionate and, most of all, to never panic in difficult situations. He was smart and intuitively knew how to handle each and every high-risk situation with a smile on his face. I feel lucky to have had him as a teacher and professor.

- Joseph Adashek

Jeffie Kelly, MD in honor of Sabrina Craigo, MD
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Dr. Craigo is the inimitable force of our division. Her astute clinical insight prompts many former fellows around the country to ask ourselves in the middle of the night how she would manage a patient. Her divine sense of humor is surpassed only by her “unlimited kind regard” for both patients and colleagues. I am incredibly fortunate to have trained under her guidance.

- Linda Kleeman

Honor Your Mentor Tribute to Dr. Frank H. Boehm

Dr. Cornelia Graves and 16 other MFM who were mentored by Dr. Boehm honored his many years of dedication and mentorship in the field of maternal-fetal medicine with a combined donation of $5,000 to the Foundation in October 2016. Dr. Graves commented, “Dr. Boehm taught all of us not to see a medical diagnosis but to see the patient. He demonstrated to us how to care for the patient and her family and how to deliver good and bad news with grace and dignity. His commitment to continuing education and development sets an example for residents, fellows and faculty.”
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Marcie Treadwell, MD in honor of her mentor
Ignatia Van den Veyver, MD in honor of all mentors in maternal-fetal medicine
Erin Washburn, MD in honor of Mary Norton, MD
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Blair Wylie, MD in honor of Mary D’Alton, MD & Ron Wapner, MD
Amanda Yeaton-Massey, MD in honor of Aaron Caughey, MD
Carolyn Zelop, MD in honor of Beryl Benacerraf, MD

Dr. Yasser El-Sayed has been an incredible mentor to countless fellows, residents and medical students through the years. He taught us how to do RCTs on a shoe-string budget through his endless curiosity and questioning of aspects of care that some take as a given. His work ethic is unparalleled, yet somehow he manages to write award-winning short stories and play in the Peds Surgery band. You rock. Thank you.

- Deidre Lyell

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Advances in the care of women with high-risk pregnancies are made possible by individuals who believe in education and research. Supporting talented maternal-fetal medicine specialists through the formative stages of their careers will expand research in pregnancy and will benefit the subspecialty and patients. You can support research and education in maternal-fetal medicine by making a gift to the Foundation for SMFM.

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When I started my MFM Fellowship, I had no idea if I could cut the mustard. My faculty were all highly regarded, well-published academics. Yet, from the first day of my fellowship, one person stood out because he didn’t treat me like a fellow, but rather as a colleague and friend. That person is Dr. Patrick Ramsey. I had the privilege of observing how Dr. Ramsey so generously gave of his time and talents to any level of learner. He helped me discover my passions and apply them in ways that I would not have come up with on my own. When I started my own career as a junior faculty, Dr. Ramsey became the gold-standard, to which I always compared myself. Thank you Dr. Ramsey!

- Francis Nuthalapaty

During residency and as a young MFM attending, Dr. Federico Mariona was always available to help teach me new knowledge, how to be better in the OR, how to talk with patients in a more empathetic manner, and overall how to be a better physician in maternal-fetal medicine. I will always be indebted to him.

- Randy Kelly

Thank you very much for the note about Randy Kelly’s contribution made in my honor. I am grateful to have been able to insert in our young colleagues the energy and motivation to never forget why we decided to be physicians, and further, why we embraced maternal-fetal-medicine 47 years ago. May the tradition continue.

- Federico Mariona

Dr. Tejani is an eloquent pioneer in the field of maternal fetal medicine. She has been an inspiration to many students, residents, fellows and attending physicians. She possesses the ability to easily impart knowledge to learners and push her pupils to a higher level of understanding. Her research has helped to answer fundamental questions in our specialty. I am fortunate to have worked with her for many years and have her as a friend.

- David Garry

Dr. Iams is one of the kindest people I have ever met. It was a privilege to work with him as a medical student and fellow. His contributions to our understanding of preterm labor have made him an icon. He was trained by Frederick Zuspan and clearly took away the skills to be a great mentor. To this day, I still pass along his teachings to my current residents and students.

- David Colombo

I pledged to support the Foundation for SMFM at the Leader Level in 2016 because I believe the work the Foundation is doing is vital to the future of the purposes of our specialty.

- Nancy Chescheir